

## **Wales Center Volunteer Fire Co., Inc.**

### **Standard Operating Procedure: Physicals**

#### PURPOSE

Fire service occupational health is a multi-dimensional program that includes pre-employment testing, education, wellness, and on-going medical evaluation.

#### PROGRAM ADMINISTRATION

The designated Asst Fire Chief is responsible for the overall implementation and maintenance of this program under the direction of the Fire Chief.

#### MEDICAL EVALUATION

- Medical examinations will be provided by the approved physical exam provider on a yearly basis in accordance of NFPA 1582.
- Medical Examinations will take place in April of every year.
- Members have 1 month after Company scheduled physicals to receive their physical or be moved to inactive status.
- All interior firefighters must receive physical provided by Wales Center Volunteer Fire Co., Inc.
- Exterior qualified members, Fire police members and EMS only members may at the discretion of the Wales Center Volunteer Fire Co., Inc. and Fire Chiefs receive a physical at their primary care physician with company approved physical form. *(see attached)*
- Individuals assigned to tasks that require the use of respiratory protection will have a medical examination to determine if they are able to perform the work while wearing a respirator.
- The medical examination will be reviewed by a licensed health care professional (LHCP).
- The evaluation will be given prior to a Member being allowed to wear a respirator.
- Periodic examinations will be conducted as necessary, based upon the LHCP's opinion(s), and any other contributing factor(s), such as a change in the physical status, anatomy, vision, hearing, etc.

#### PHYSICAL INTERIOR

- Medical examinations will include but is not limited to the following.
  1. Complete history and physical examination
  2. Vision testing (includes color perception)
  3. Fit testing and respiratory use form. *(see attached)*
  4. Pulmonary function testing
  5. Urinalysis with Micro
  6. TB skin test (Mantoux PPB)

#### PHYSICAL EXTERIOR, FIRE POLICE AND EMS ONLY

- Medical examinations will include but is not limited to the following.
  1. Complete history and physical examination *(see attached)*
  2. Vision testing (includes color perception)

3. Urinalysis with Micro
4. TB skin test (Mantoux PPB)

#### FIT TESTING

It is well recognized that no one respirator will fit every individual. Therefore, to provide the appropriate respirator, fit testing will be performed to ensure a tight seal between the face piece and the wearer. Fit testing will be provided by the approved physical exam provider. Fit testing will be performed annually.

#### MEDICAL QUESTIONNAIRE ROUTING

- Name - Wales Center Volunteer Fire Co., Inc.
- Date questionnaire given - at every physical examination
- Date evaluated by LHCP - at every physical examination
- Date referred for physical examination - every April
- Results of physical examinations and questionnaires - retained by the Asst. Fire Chief

*Issue Date: January 5, 2009*